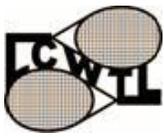


# LEE COUNTY WOMEN'S TENNIS LEAGUE

## RATING GUIDELINES

Below please find the *USTA's National Tennis Rating Guidelines*. This NTRP rating system is the most accurate available and was developed by the U.S Tennis Association in 1979. The NTRP player levels are based on a scale from 1.5 to 7.0; however, for League purposes, we have only included levels 2.0 through 5.0. Any new player entering the League should be rated no lower than 2.5.

<b>2.0</b>	<p>This player needs on-court experience with an emphasis on play. This player struggles to find an appropriate contact point and needs development with lessons and is not yet familiar with basic positions for singles and doubles.</p> <p><b>This player is NOT ready to play in leagues or low-level tournaments.</b></p>
<b>2.5</b>	<p>This player is learning to judge where the ball is going when receiving the ball although movement and recovery are not in sync. Can sustain a rally of slow pace with other players of similar ability and is beginning to develop strokes. This player is becoming familiar with the basic positions for singles and doubles.</p> <p><b>This player is ready to play social matches, leagues, and low-level tournaments.</b></p>
<b>3.0</b>	<p>This player is fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, pace or altering distance of shots. Most common doubles court positioning is one up, one back.</p> <p><b>Potential Limitations: Grip weaknesses, not attempting full swing on serve, inconsistent toss on serve, limited transitions to the net.</b></p>
<b>3.5</b>	<p>This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth, variety and the ability to alter the distance of shots. The effective use of lobs, overheads, approach shots and volleys is limited due to a lack of confidence. This player is more comfortable at the net, has improved court awareness and is developing teamwork in doubles.</p> <p><b>Potential Limitations or Strengths: This is the level at which it begins to be about what skills a player can display on the court, not what they can't. Players at this level may start to utilize mental skills related to concentration, tactics and strategy.</b></p>
<b>4.0</b>	<p>This player has dependable strokes, including directional control, depth and the ability to alter the distance of shots on both forehand and backhand sides during moderately paced play, plus the ability to use lobs, overheads, approach shots and volleys with more success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.</p> <p><b>Potential Strengths: Less likely to beat themselves, more dependable second serve, recognizes opportunities to finish points.</b></p>



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<b>4.5</b>	<p>This player has begun to vary the use of pace and spins, has good movement, can control distances and depth of shots, and is beginning to develop game plans according to strengths and weaknesses. This player can hit the first serve with power and accuracy and can place the second serve. This player tends to overhit on difficult shots. Aggressive net play is common in doubles.</p> <p><b>Potential strengths: Points are won and lost on the serve more often, better able to cover weaknesses, beginning to develop a weapon around which their game can be built.</b></p>
<b>5.0</b>	<p>This player has good shot anticipation and frequently has an outstanding shot or attribute around which their game can be structured. This player has the confidence to hit regularly winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overheads, and has good depth and spin on most second serves.</p> <p><b>Potential Strengths: Better decision making, covers, and disguises weaknesses well, mentally tougher, but can still break down in stress situations.</b></p>